

ESAA - EUROPEAN U18 CHAMPIONSHIPS ROLL OF HONOUR

The **European Under-18 Championships** were introduced in 2016 after the IAAF ended their **World Under-18 Championships in Athletics**.

The next championship is scheduled for the 16th to 19th July, 2026 in Rieti, Italy.

ESAA competitors who have won medals at these championships are :

2016 – TBILISI, GEORGIA

Anna Burt (Avon)	800m Silver 2018 S 800m-3
Holly Mills (Hampshire)	Long Jump Gold 2014 J LJ-1, 2015 I LJ-2
Isabelle Boffey (Hertfordshire)	800m Gold 2015 I 800m-1
Lucy Pygott (Hampshire)	3000m Bronze 2016 I CC-10
Niamh Emerson (Derbyshire)	Heptathlon Bronze 2014 I HEP-4
Sabrinha Sinha (Kent)	1500m Silver 2012 J CC-3, 2013 J 1500m-1, 2014 I CC-2, 2014 1500m-1, 2015 I CC-1, 2016 S CC-1
George Mills (North Yorkshire)	800m Gold 2015 I 800m-1
Jake Norris (Berkshire)	Hammer Throw Silver 2013 J HT-2, 2014 I HT-1, 2017 S HT-1
Jason Nicholson (Northumberland)	110m Hurdles Bronze 2015 I 100mH-1, 2017 S 110mH-2
Jona Efoloko (Gtr. Manchester)	200m Gold 2013 and 2014 J 200m-1, 2015 I 200m-1

2018 – GYOR, HUNGARY

Emily Williams (Northamptonshire)	1500m Silver 2016 J CC-1, 2016 J 800m-2, 2017 I 800m-1, 2018 I 1500m-1, 2019 S 1500m-1
Keely Hodgkinson (Gtr. Manchester)	800m Gold 2016 J 800m-3, 2018 I CC-2
Dominic Ogbechie (London)	High Jump Gold 2016 J PEN-1, 2016 J HJ-1, 2017 I LJ-1, 2018 I 200m-1
Ethan Brown (Kent)	400m Silver 2017 I 400m-1, 2018 S 400m-1

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Karl Johnson (Essex)	400m Hurdles Bronze 2017 I 400mH-2, 2018 S 400mH-1
Max Burgin (West Yorkshire)	800m Gold 2016 J 800m-1, 2017 I 800m-2
Sam Bennett (Essex)	110m Hurdles Gold 2015 J 80mH-1, 2016 I 100mH-2, 2018 S 110mH-1
Thomas Keen (Cambridgeshire)	3000m Gold 2017 I 3000m-1, 2018 S CC-2, 2018 S 3000m-1

The winner of the Boys U18 100m was also a former ESAA Intermediate 100m champion, Rafael Bouju who now represents the Netherlands. Rafael competed for Bedfordshire & Luton when he won his ESAA title.

2022 – JERUSALEM, ISRAEL

Annie Mann (Hampshire)	1500m Gold 2020 J CC-8
Charlotte Henrich (Kent)	400m Gold 2023 S 400m-1
Cleo Agyepong (Kent)	Shot Put Gold 2019 J SP-1, 2021 I SP-2, 2023 S SP-1
Etty Sisson (Leicestershire & Rutland)	Medley Relay Gold 2021 I 300m-1
Faith Akinbileje (Kent)	200m and Medley Relay Gold 2021 I 200m-3, 2023 S 100m-1
Iris Downes (Shropshire)	800m Bronze 2021 I 800m-10
Jess Bailey (Cumbria)	3000m Silver 2020 J CC-2, 2021 I 3000m-1, 2022 I CC-1, 2023 S 1500m-2
Mia McIntosh (Hertfordshire)	100m Hurdles Gold 2018 and 2019 J 75mH-1, 2021 I 80mH-1
Nia Wedderburn-Goodison (Middlesex)	100m 2018 J 100m-2, 2019 J 100m-1, 2021 I 200m-1
Ophelia Pye (Wiltshire)	400m Hurdles Gold 2019 J 300m-5
Renee Regis (London)	100m Bronze and Medley Relay Gold 2021 I 100m-4
Stephanie Okoro (Essex)	400m Hurdles Bronze 2021 I 300mH-1, 2023 S 400mH-1

Emmanuella Quayle (Middlesex), Jessica Astill (Hertfordshire) and Nia Wedderburn-Goodison (Middlesex) ran in the Medley Relay (gold) heat but not in the final.

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Dejaune Lingard (London)	Medley Relay Bronze 2021 I 200m-dq
Edward Bird (Dorset)	3000m Bronze 2021 I 3000m-1, 2023 S CC-3
Teddy Wilson (Middlesex)	Medley Relay Bronze 2021 J 100m-1
Tom Gaunce (Hertfordshire)	Medley Relay Bronze 2021 I 400m-3

2024 – BANSKA BYSTRICA, SLOVAKIA

Isla McGowan (Oxfordshire)	1500m Silver 2022 J CC-2, 2023 I CC-3, 2024 I 1500m-1, 2025 S CC-2, 2025 S 1500m-1
Kara Dacosta (Lancashire)	400m Silver and Medley Relay Bronze 2023 I 300m-2,
Katie Pye (Surrey)	3000m Gold 2022 J 1500m-3, 2023 I 3000m-3, 2024 I CC-3, 2025 S CC-3, 2025 S 1500m-3, 2026 S CC-1
Lyla Belshaw (Essex)	1500m Gold 2022 J 1500m-2, 2023 I 1500m-1
Olivia Forrest (Essex)	3000m Bronze 2023 J CC-3, 2024 I CC-1, 2024 I 3000m-1
Shaikira King (Leicestershire & Rutland)	800m Silver 2021 and 2022 J 1500m-1, 2022 J CC-1, 2023 and 2024 I CC-2, 2023 I 800m-2
Shiloh Omotosho (Essex)	200m and Medley Relay Bronze 2022 and 2023 J 300m-1, 2024 I 300m-1, 2025 I 300m-3
Thea Brown (Cheshire)	Heptathlon Bronze and Medley Relay Bronze 2021 J PEN-2, 2022 and 2023 I HEP-1, 2021 J HJ-1, 2022 I HJ-1, 2023 I 80mH-1

Ava John (Middlesex) and Elsie Brindle (Hampshire) ran in the Medley Relay (bronze) heat but not in the final.

Joel Ajayi (Essex)	100m Bronze 2024 I 100m-1
Joel Masters (Gloucestershire)	100m Silver 2022 J 100m-2, 2023 I 200m-3
Matthew McKenna (Surrey)	800m Gold 2023 I 800m h-5

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2026 – RIETI, ITALY

Celine Obinna-Ola (Durham)	100m Bronze 2023 J 100m-2, 2025 I 100m-2
Lucia Bertacchini (Hampshire)	400m Hurdles Bronze 2024 and 2025 I 300mH-1
Lucy Bull (Gloucestershire)	Javelin Throw Gold 2024 J JT-1, 2025 and 2026 I JT-1
Bronson Hearn-Smith (Essex)	200m Gold 2024 J 100m-2
Divine Iheme (Oxfordshire)	100m Gold 2023 and 2024 J 100m-1, 2025 I 100m-1
Freddie Rowe (Essex)	1500m Gold 2025 I 1500m-2
Joseph Scanes (Kent)	3000m Gold 2023 J CC-1, 2024 I CC-2, 1025 I 3000m-1
Magnus Riddell (Northumberland)	800m Bronze 2025 I 800m-1
Moyo Stumpfenhusen (Northamptonshire)	Discus Gold 2023 J DT-1, 2024 I DT-3, 2025 I DT-1
Ned Scott (Hampshire)	Javelin Throw Silver 2025 I JT-1
Oliver Downs (Kent)	Decathlon Bronze 2023 J PEN-3
Samuel James (Surrey)	Triple Jump Gold 2025 I HJ-4
Tito Odunaike (Middlesex)	Triple Jump Gold 2024 and 2025 I TJ-1

Notes regarding the athlete details shown above :

An entry for each athlete consists of the first line detailing their European U18 Championship medal-winning achievement(s).

Second (and subsequent) lines show the area(s) they represented and their ESAA Championship medal-winning performances or, in some cases, a non-medal-winning performance at the ESAA Championships.

ESAA performances are shown in the abbreviated format – yyyy a eeee - p where :

yyyy Championship Year

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a Age Group (I – Intermediate, J – Junior, S – Senior)

eeee Event

p Place achieved (note an 'h-' indicates the performance was in a heat and 'r-' indicates it was in a preliminary round)